

John G. Leach

1- Week Cycle Breakfast Menu

2017-2018



Monday

Breakfast Entrée
Choice of One
 Mini Eggo Pancake
 Oatmeal
 Assorted Cereal
 Yogurt

Fruit Options
 Assorted Fruit or
 100% Fruit Juice
 Milk

Tuesday

Breakfast Entrée
Choice of One
 Whole Grain Breakfast
 Bites
 Oatmeal
 Assorted Cereal
 Yogurt

Fruit Options
 Assorted Fruit or
 100% Fruit Juice
 Milk

Wednesday

Breakfast Entrée
Choice of One
 Mini Waffle
 Oatmeal
 Assorted Cereal
 Yogurt

Fruit Options
 Assorted Fruit or
 100% Fruit Juice
 Milk

Thursday

Breakfast Entrée
Choice of One
 Whole Grain
 Banana Bread
 Oatmeal
 Assorted Cereal
 Yogurt

Fruit Options
 Assorted Fruit or
 100% Fruit Juice
 Milk

Friday

Breakfast Entrée
Choice of One
 Mini Eggo French Toast
 Oatmeal
 Assorted Cereal
 Yogurt

Fruit Options
 Assorted Fruit or
 100% Fruit Juice
 Milk

Milk Options

Skim

Low Fat (1%)

Non Fat Chocolate


